

Healthy Lemonade Recipe

Prep time: 10 min Cook time: 3 min Ready in: 1 hour

Yields about 1 gallon of lemonade – enough for 10-15 servings!

Ingredients:

1 cup honey¹

12-14 cups water

The juice from 12 lemons (about 2 cups of lemon juice)

Directions:

Squeeze the lemons and collect about 2 cups of lemon juice. Don't forget to strain the seeds! While you're doing this, have your parents heat up the honey and water in a big pot on the stove until the honey dissolves (this should only take a minute or two).

Remove from heat. Add lemon juice. Chill and serve!

¹ Remember, babies under 1 year of age can't have honey. So if there's a baby in your house, try using pure maple syrup instead!